

The Git Up

Count 32 Wall: 1 Phrased Level: Beginner + / Improver
Choreographer: Blanco Brown
Music: The Git Up - Blanco Brown



Intro: 32 count Pattern: A, B, A, C, A, D, A, E, A

PART A: MAIN PATTERN OF THE DANCE

CHARLESTON w/SWIVEL, WEAVE 2, STAMP, SIDE, CROSS, FULL TURN LEFT

- 1&2 Rock forward on Rt heel with toe pointed in, turn toe out replace weight to Lt, step back Rt
- 3-6 Hook Rt behind Lt, step side Rt, stamp Lt next to Rt, step side left with Lt
- 7-8 Cross Rt over Lt $\frac{1}{4}$ turn left, continue additional $\frac{3}{4}$ turn left unwinding with weight on Lt (12:00)

HOEDOWNS, TOES IN OUT, BACK ON HEELS, DOWN

- 1&2& Kick Rt to right side, replace, kick Lt to left side, replace
- 3&4& Kick Rt to right side, replace, kick Lt to left side, replace
- 5-6 Lower down bring knees and toes in, turn them out
- 7-8 Go back on heels with toes up, step side left on Lt

HOOK, SIDE, TOGETHER SWEEP, WALK $\frac{3}{4}$ TURN LEFT, TAKE A SIP, BACK, BACK

- 1-2 Hook Rt behind Lt, step side left with Lt,
- 3-4 Step Rt next to Lt with a low hand sweep from right to left, step side left with Lt with a $\frac{1}{4}$ turn left
- 5-6 Step Rt Back Turn $\frac{1}{4}$ left, step Lt back turn $\frac{1}{4}$ left
- 7-8 Step Rt back make a hand gesture "take a Sip", step Lt back

SHIMMY BACK 4, WALK FORWARD $\frac{1}{4}$ PIVOT LEFT, STEP TOGETHER

- 1-2 Step Rt back lean back and shimmy, step Lt back lean back and shimmy
- 3-4 Step Rt back lean back and shimmy, step Lt beside Rt
- 5-6 Step Rt forward, step Lt forward
- 7-8 Step Rt forward turn $\frac{1}{4}$ Lt, step Lt beside Rt (12:00)

PART B: GRAPEVINES, HAND ON YOUR SIDE, ROLL YOUR SHOULDERS, SLIDE

GRAPEVINE LEFT, GRAPEVINE RIGHT

- 1-4 Step LF to LF, Step RT behind LF, Step LF to LF, Touch RT beside LF
- 5-8 Step RT to RT, Step LF behind RT, Step RT to RT, Touch LF beside RT

HOLD UP LEFT HAND, PUT IT ON YOUR SIDE, HIP BUMPS

- 1-4 Stomp LF to LF Hold LF hand up in the air, Hold, Hold, Hold
- 5-8 Put Left Hand on Lt Hip and bump Hips right, left, right, left

ROLL YOUR SHOULDERS, SLIP AND SLIDE

- 1-2 Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
- 3-4 Move Shoulders LF and raise LF Shoulder, Move Shoulders RT and raise RT Shoulder
- 5-8 Hold, Step LF beside RT, Lift RT Knee, Step RT to RT and drag Left Beside RT

FREESTYLE

- 1-8 Do whatever you want here. Have Fun (12:00)

PART C: SLIDE LF & RT, COOL DOWN, SLIDE LF & RT, BUTTERFLY, ROUND & ROUND, FREESTYLE

SLIDE TO THE LF, SLIDE TO THE RT, NOW COOL DOWN

1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT

5-8 Step in place left, right, left, right and Fan Face with RT Hand,

SLIDE TO THE LF AND RT, DO THE BUTTERFLY

1-4 Step LF to LF, Drag RT to LF, Step RT to RT, Drag LF to RT

5-6 Step LF to LF Turning Toes, Knees and Hands inward, Turn Toes, Knees and Hands out

7-8 Turn Toes, Knees and Hands in, Turn Toes, Knees and Hands out

GRADUALLY ROTATE 360 DEGREES COUNTER-CW WHILE MAKING A LASSO MOTION ABOVE HEAD WITH RIGHT HAND

1&2&3&4&5&6&7&8 16 steps starting with Lt foot

FREESTYLE

1-8 Do whatever you want here. Have Fun (12:00)

PART D: DOUBLE GRAPEVINE LF AND RT, CRISS CROSS

GRAPEVINE LF, CHASE' LF

12 Step LF to LF, Step RT Behind LF

34 Step LF to LF, Step RT Beside LF

56 Get Low and Step LF to LF, Step RT Beside LF

78 Stay Low and Step LF to LF, Touch RT Beside LF

GRAPEVINE RT, CHASE' RT

12 Step RT to RT, Step LF Behind Rt

34 Step RT to RT, Step LF Beside RT

56 Get Low and Step RT to RT, Step LF Beside RT

78 Stay Low and Step RT to RT, Step LF Beside RT

TAKE IT DOWN AND CRISS CROSS, BRING IT UP AND CRISS CROSS

12 Step RT FWD, Step LF FWD and apart

34 Get Low Bees Knees

56 Step RT FWD, Step LF FWD and apart

78 Stand Tall Bees Knees

TAKE IT BACK AND FREESTYLE

12 Step Back RT, Step Back LF

34 Step Back RT, Step LF Beside Rt

5-8 Freestyle (12:00)

PART E: FREESTYLE

FREESTYLE

1-32 Do whatever you want here. Have Fun (12:00)

LYRICS:

(Intro)

Right now, I just need you to git real loose, Get comfortable
Grab your loved ones or grab your love partner and if you're by yourself no worries, just follow after me

(Main) Part a

Gone and do the 2-step then cowboy boogie grab your sweetheart and spin out with 'em do the hoedown and
git into it (Woooo Whoooo Whooooo Ouuu) take it to the left now
and dip with it gone throw down take a sip with it now lean back put your hips in it

(Verse 1) Part b

To the left to the left now to the right to the right now take your left hand and put it on your side
gone roll your shoulders do the slip and slide this next part's my favorite part 'cuz its time to shine

(Main) Part a

Gone and do the 2-step then cowboy boogie grab your sweetheart and spin out with 'em do the hoedown and
git into it (Woooo Whoooo Whooooo Ouuu) take it to the left now
and dip with it gone throw down take a sip with it now lean back put your hips in it
(It's Simple You Can Do It)

(Verse 2) Part c

Slide to the left Slide to the left slide to the right now cool down have a good time slide to left
slide to the right do the butterfly have a good time round round & round you go
it's time to show out right now and take it to the flo(or)

(Main) Part a

Gone and do the 2-step then cowboy boogie grab your sweetheart and spin out with 'em do the hoedown and
git into it (Woooo Whoooo Whooooo Ouuu) take it to the left now
and dip with it gone throw down take a sip with it now lean back put your hips in it

(Vamp) Part d

To the left take it down now take it take it down now take it take it down take it take it
down now To the Right Bring it up now bring it bring it up now Bring it up now Bring it
Bring it up Now To The Front Take it down and crisscross bring it up now crisscross
To the back do whatever you like right here (git down) Just have fun

(Main) Part a

Gone and do the 2 step then cowboy boogie grab your sweetheart and spin out with 'em do the hoedown and
git into it (Woooo Whoooo Whooooo Ouuu) (Woooo Whoooo Whooooo Ouuu) take it to the left now and dip
with it gone throw down take a sip with it now lean back put your hips in it

(Break) Part e

That was not sooo bad that wa- dat was not so bad was it (Repeat 3 x)
That was not sooo bad uhn un dat was not so bad was it

(Main) Part a

Gone and do the 2-step then cowboy boogie grab your sweetheart and spin out with 'em do the hoedown and
git into it (Woooo Whoooo Whooooo Ouuu) take it to the left now
and dip with it gone throw down take a sip with it now lean back put your hips in it