



Rock Your Body

Choreographed by Francien Sittrop

Description: 64 count, 4 wall intermediate line dance
Music: **Rock Your Body (Radio Edit)** by The Phonkers

Begin dance after 16 Counts (on Vocals)

ROCK STEP, PRISSY WALKS, SHUFFLE FORWARD, KICK-BALL-CROSS

- 1,2 Rock back right, recover to left
- 3,4 Step right across left, step left across right
- 5&6 Step forward right, step left next to right, step forward right
- 7&8 Kick left forward, step left in place, step right across left

¼ TURN LEFT WITH HIP BUMPS (X2), SAILOR STEP (X2)

- 1&2 ¼ turn left step forward left and bump hips (left, right, left) (9:00)
- 3&4 ¼ turn left step right to right side and bump hips (right, left, right) (6:00)
- 5&6 Hook left behind right, step right to right side, step left to left side
- 7&8 Hook right behind left, step left to left side, step right to right side

¼ TURN LEFT (X2), BEHIND-SIDE-CROSS, SIDE SHUFFLE, ROCK STEP

- 1,2 ¼ turn left step forward left, ¼ turn left step right to right side (12:00)
- 3&4 Hook left behind right, step right to right side, step left across right
- 5&6 Step right to right side, step left next to right, step right to right side
- 7,8 Rock back left, recover to right

¼ TURN LEFT OUT OUT, SWIVEL ¼ LEFT, STEP BACK (X2), SWIVEL ¼ RIGHT, CROSS ROCK

- 1,2 ¼ turn left step left foot out, step right foot out to right (9:00)
- 3,4 Swivel on balls of both feet ¼ turn left, step back left (6:00)
- 5,6 Step back right, swivel on balls of both feet ¼ turn right (9:00)
- 7,8 Rock left across right, recover on right

SIDE SHUFFLE ¼ TURN LEFT, SCUFF, TAPS, KICK-BALL-POINT

- 1&2 Step left to left side, step right next to left, ¼ turn left step forward left (6:00) *(Insert Tag/Restart here on 6th wall.)*
- 3&4 Scuff right forward, scuff right back across left, scuff right forward and diagonal right
- 5&6 Tap right forward three times (weight ends on right)
- 7&8 Kick forward left, step left in place, point right toe to right side

¼ RIGHT TURNING JAZZ BOX X2

- 1-4 Step right across left, ¼ turn right step back left, step right to right, step forward left (9:00)
- 5-8 Step right across left, ¼ turn right step back left, step right to right, step forward left (12:00)

STEP TOUCH, HEEL JACK, HOLD, TRAVELLING TAPS DIAGONALLY BACK

- 1,2 Step forward right, touch left next to right
- &3,4 Step back left, touch right heel forward, hold
- 5&6 Tap right diagonally back facing body to right (weight ends on right)
- 7&8 Tap left diagonally back facing body to left (weight ends on left)

COASTER STEP, FORWARD SHUFFLE, ROCK STEP, ½ TURN RIGHT, ¼ TURN RIGHT

- 1&2 Step back right, step left next to right, step forward right (12:00)
- 3&4 Step forward left, step right next to left, step forward left
- 5-6 Rock forward right, recover on left
- 7-8 ½ turn right step forward right, ¼ turn right step left to left (3:00)

****** TAG/RESTART: (On wall 6, Facing 9:00) After count 33-34:**

- 1&2 Step left to left side, step right next to left, ¼ turn left step forward left
- 3-4 Touch right next to left, hold