



# No Man's Land

Choreographed by, Ria Vox

Description: 32 count, 2 wall, Intermediate  
Music: **No Man's Land** by Leanne Mitchell

Intro: 8 Counts ( $\pm$  10 sec)

**Restart on wall 1, Tag & Restart on wall 6**

## Syncopated vine right, $\frac{1}{2}$ turn right, Sailor $\frac{1}{4}$ right, Full Turn left, Step Back, Coaster Cross

- 1-2& Step right to right Side, Step left Behind right,  $\frac{1}{4}$  Turn right Step Forward on right (3:00)  
3-4&  $\frac{1}{4}$  Turn right Step left to left Side, right Behind left Turning  $\frac{1}{4}$  Turn right, Step left Next to right (9:00)  
5-6 Step Forward on right, Pivot  $\frac{1}{2}$  Turn left (weight on L) (3:00)  
&7 Turn another  $\frac{1}{2}$  Turn left Small Step Back on right, Small Step Back on left (9:00)  
8&1 Step Back on right, Step left Next to right, Step right Forward and Across L

## Side-Rock-Cross, $\frac{1}{4}$ left, $\frac{1}{2}$ left, Toe Point, $\frac{1}{2}$ right Sweep, Cross, Side, Cross

- 2&3 Rock left to left Side, Recover on right, Step left Forward and Across right (moving Forward)  
4&5  $\frac{1}{4}$  Turn left Step Back on right,  $\frac{1}{2}$  Turn left Step Forward on left, Point right to right Side (12:00)  
6-7  $\frac{1}{4}$  Turn right Step Forward on right Sweep left into another  $\frac{1}{4}$  Turn right, Cross left over right (6:00)  
8& Step right to right Side, Cross left Over R

## Nightclub Basic right, Nightclub left w/ $\frac{1}{4}$ left, vine right, Cross Rock, Side Rock, Behind-Sweep

- 1-2& Step right to right Side, Rock Back on left, Recover on right  
3-4& Step left to left Side, Hook right Behind left,  $\frac{1}{4}$  Turn left Step Forward on left (3:00)  
5-6& Step right to right Side, Step left Behind right, Step right to right Side  
7& Cross Rock left Over right, Recover on Right  
8&1 Rock left to left Side, Recover on right, Step left Behind right Sweeping right from Front to Back

## Rock Back, Step Pivot $\frac{3}{4}$ Turn left, Side, Touch, Back, Kick-Ball-Cross

- 2-3 Rock Back, Recover on Left  
4& Step Forward on right, Pivot  $\frac{3}{4}$  Turn left (6:00)

### **\*\*\*Restart and Tag Point**

- 5-6 Step right to right Side, Turn Body left Point left to left Diagonal  
7 (Straighten Body) Step left Back to left Side  
&8& Kick right Forward to right Diagonal, Step right Next to left, Cross left Over Right

**Restart: On 1st Wall after count 28 (6:00)**

**Tag & Restart: On Wall 6 after count 28 add:**

**1-2 Step and Sway right, Sway L**

**Restart dance from count 1 (12:00)**