



Make You Sweat

Choreographed by Ria Vos

Description: 32 count, 4 wall, beginner/intermediate line dance
Music: **Uhh La La La** by Chi Hua Hua

24-count intro, start on vocals

SIDE, TOUCH, SIDE, KICK, BEHIND, ¼ TURN LEFT, FORWARD, ½ PIVOT RIGHT, STEP, FULL TURN LEFT

- 1& Step right to side, touch left together
- 2& Step left to side, kick right diagonally forward
- 3&4 Cross right behind left, turn ¼ left and step left forward, step right forward (9:00)
- 5&6 Step left forward, pivot turn ½ right, step left forward (3:00)
- 7&8 Turn ½ left and step right back, turn ½ left and step left forward, step right forward (3:00)

ROCKING HORSE, ¼ PIVOT RIGHT, CROSS, TOE STRUTS, SHUFFLE RIGHT

- 1&2& Rock left forward, recover to right, rock left back, recover to right
- 3&4 Step left forward, pivot turn ¼ right, cross left over right (6:00)
- 5&6& Step right toe to side, drop right heel, cross left toe over right, lower left heel
- 7&8 Shuffle right (right, left, right)

Restart point wall 3

Arms for counts 5-8: when he sings "from the tip of your toes to the top of your head"

- 5& Both arms to right side, snap fingers
- 6& Both arms to left side, snap fingers
- 7&8 Both hands to right side above your head palms facing out, push up twice

HIP SWAYS, COASTER STEP, JAZZ BOX TURN ¼ RIGHT, FORWARD LOCK STEP

- 1-2 Step out and left forward with hip sway, step out on right with hip sway
- 3&4 Step left back, step right together, step left forward
- 5&6 Cross right over left, turn ¼ right and step left back, step right to side (9:00)
- 7&8 Locking step forward (left, right, left)

MAMBO FORWARD, RUN BACK, POINT, HITCH, POINT, FLICK, BIG SIDE STEP, TOGETHER STEP

- 1&2 Rock forward right, recover to left, step back right
 - 3&4 Run back stepping left, right, left
 - 5&6& Touch right to side, hitch right, touch right to side, flick right behind left leg
 - 7-8 Step large step to right side dragging left towards right, step left together
- Arms for counts 5-8: when he sings "from the tip of your toes to the top of your head"
- 5-6 Right arm to right side snap fingers, repeat on count 6
 - 7-8 Swing right arm around above head palm of hand facing up

REPEAT

RESTART (on wall 3 after count 16)

Add: step left together on the '&' count and start again from count 1 (12:00)

ENDING

You will end with count 1-4 of section 3, replace the coaster step with:

- 3&4 Step back left, turn ½ right and step forward right, step forward left