Hands Up
Choreographed by Craig Bennett
Description: 32 count, 4 wall, intermediate line dance
Music: For The Lovers by Whitney Houston

WALK FORWARD, ROCK FORWARD, ROCK SIDE, RIGHT SAILOR, LEFT SAILOR ¼
1-2 Step right forward, step left forward
3&4& Rock right forward, recover to left, rock right to side, recover to left side
5&6 Cross right behind left, left slightly to left side, step right together
7&8 Left behind right turn ¼ left and step forward right, step left forward (9:00)

STEP ½ TURN AND BUMPS, ROCK, RECOVER, BEHIND, SIDE, CROSS
1-2 Step right forward, make ½ turn pivot left (3:00)
&3&4& Bump hips left forward, bump hips right back, bump hips left forward, bump hips right back, bump hips left forward turn ¼ right (6:00)
5-6 Rock right to side, recover to left side
7&8 Cross right behind left, step left to side, cross right over left

SIDE ROCK BACK RECOVER, SIDE ROCK BACK RECOVER, STEP ½, ½ STEP
1-2& Step left to side, rock back to right, recover left forward
3-4& Step right to side, rock back to left, recover right forward
5-6 Step left forward, step right forward
7-8 Turn ½ left (weight to left), turn ½ left and step right together (6:00)

ROCK ¼ STEP, STEP ½ STEP, FULL RIGHT TURN FORWARD
1-2 Rock left to side, recover turn ¼ right and step forward right (9:00)
3-4 Step left forward, step right forward
5-6 Turn ½ left (weight to left), step right forward (3:00)
7&8 Full right turn forward (left, right, left) (3:00)

REPEAT