Start dancing on the lyrics

**TOE STRUTS FORWARD**
1-4 Step right toe forward, drop right heel, step left toe forward, drop left heel
5-8 Repeat 1-4
*(Option: Heel Struts)*

**TOUCHES AND “TURNING VINES”**
1-4 Touch right to side, together, side, together
5-8 Turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right to side, touch left together
1-4 Touch left to side, together, side, together
5-8 Turn ¼ left and step left forward, turn ½ left and step right back, turn ¼ left and step left to side, touch right together

**THREE STEP HITCHES BACK, HOP CROSS ¼ TURN**
1-2 Hitch right knee, step right back
3-4 Hitch left knee, step left back
5-6 Hitch right knee, step right back
7-8 Hop feet crossed right over left, hop with ¼ turn left landing with feet apart

**“TUSH PUSH”**
1&2 Shuffle forward right, left, right
3-4 Rock left forward, recover to right
5&6 Shuffle back left, right, left
7-8 Rock right back, recover to left

**SHIMMIES**
1-4 Step right to side (body low), shimmy, step left together (standing up), hold
5-8 Repeat 1-4

**REPEAT**