



Go Seven

Choreographed by *Ria Vos*

Description: 32 count, 4 wall, beginner line dance
Music: “**Seven Lonely Days**” by Bouke
“**Go**” by The Refreshments

HEEL GRIND, COASTER STEP, ROCK-STEP, ½ TURNING SHUFFLE

- 1,2 Grind right heel forward, recover weight to left
- 3&4 Step back right, step left next to right, step forward right
- 5,6 Rock forward left, recover weight to right
- 7&8 Shuffle ½ turn left (Stepping left, right, left) (6:00)

HEEL GRIND, COASTER STEP, POINT FORWARD, POINT SIDE, & SIDE POINT, HITCH

- 1,2 Grind right heel forward, recover weight to left
- 3&4 Step back right, step left next to right, step forward right
- 5,6 Point left toe forward, point left toe to left
- &7,8 Step left next to right, point right to right, hitch right

SHUFFLE RIGHT, ROCK-STEP, STEP SIDE, HOLD/CLAP & SIDE, HOLD/CLAP

- 1&2 Step right to right, step left next to right, step right to right
- 3,4 Rock back left, recover weight to right
- 5,6 Step left to left, Hold/Clap
- &7,8 Step right next to left, step left to left, Hold/Clap

¼ TURNING JAZZ BOX, SIDE POINT, STEP FORWARD, SIDE POINT, STEP FORWARD

- 1,2 Cross right over left, step back left turning ¼ turn right (9:00)
- 3,4 Step right to right, cross left over right
- 5,6 Point right to right, step forward right
- 7,8 Point left to left, step forward left