Fly Like A Bird
Choreographed by Hedy McAdams

Description: 32 count, 2 wall, intermediate line dance
Music: Fly Like A Bird by Boz Saggs (124 bmp, 32 count lead)

ROCK, STEP, ¼ TURN LEFT, HOLD, ¼ TURN LEFT, ROCK, ¼ TURN RIGHT, HOLD
1-4    Rock left, rock right, rock left turning ¼ left (9:00), hold
5-6    Rock-step forward right turning ¼ left (6:00), rock left
7-8    Rock right turning ¼ right (9:00), hold

¼ TURN RIGHT, ROCK, ¼ TURN LEFT, HOLD, 2 KICK-BALL-CHANGES 1/4 TURN LEFT
1-2    Rock-step forward left turning ¼ right (12:00), rock right
3-4    Rock left turning ¼ left (9:00), hold
5&6    Kick right, step ball of right next to left, step left turning ¼ left (6:00)
7&8    Kick right, step ball of right next to left, step left next to right

CROSS, UNWIND, CHASSE, ¼ TURN RIGHT SHUFFLE, ¼ TURN RIGHT, ½ TURN RIGHT
1-2    Cross right over left keeping weight left, unwind ½ turn to left (12:00) shifting weight right
3&4    Cross-step left over right, small step right to right to behind left foot, cross-step left over right
5&6    Step right into ¼ turn right (3:00), slide left beside right, step right forward
7-8    (2-ct rolling vine) Step left turning ¼ right (6:00), step right turning ½ to right (12:00)

POINT, CROSS, UNWIND, HOLD, CHASSE, STEP, SLIDE-LIFT
1    Cross-step left over right bending both knees (dip down)
2    Point right toes to right as you straighten knees and return to upright position
3-4    Cross right over left (weight on left), unwind ½ to the left ending with weight on right (6:00)
5&6    Cross-step left over right, small step right foot behind left, cross-step left over right
7-8    Big slide-step right foot to right, slide toes of left foot next to right and lift to blend in to restart

**Styling note: The final count 8 of the pattern ends with left toes touching beside right (instead of lift-and-blend) on last count of recommended music.