



Dizzy

Choreographed by *Jo Thompson*

Description: 32 count, 4 wall, intermediate dance
Music: **Dizzy** by Scooter Lee

Start dancing with the lyrics

ROCK, STEP, COASTER STEP, STEP, 2 PIVOT TURNS

- 1-2 Rock forward with right foot, replace weight back to left foot
- 3&4 Step back with right foot, step left foot back next to right foot, step forward with right foot
- 5-6 Step forward with left foot, pivot $\frac{1}{2}$ turn to the right shifting weight forward on to right foot (6:00)
- 7-8 Step forward with left foot, pivot $\frac{1}{2}$ turn to the right shifting weight forward on to right foot (12:00)

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1-2 Step left across in front of right, step right to right side
- 3&4 Angle slightly left & step left behind right, rock to right side with ball of right foot, step in place with left
- 5-6 Step right across in front of left, step left to left side
- 7&8 Angle slightly right & step right behind left, rock to left side with ball of left foot, step in place with right

CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL FORWARD ROLLING LEFT TURN

- 1-2 Step left across in front of right, step right to right side turning $\frac{1}{4}$ left
- 3&4 Step back with left, step together with right, step back with left
- 5 Rock back with right foot allowing body to turn slightly right to prep for upcoming turn
- 6 Replace weight forward to left foot, starting to turn left
- 7 Make $\frac{1}{2}$ turn left on left foot, step back with right, continuing to turn left
- 8 Make $\frac{1}{2}$ turn left on right foot, step forward with left (you will have done a complete turn)

SHUFFLE FORWARD, STEP $\frac{1}{2}$ TURN, SHUFFLE FORWARD, STEP $\frac{1}{2}$ TURN

- 1&2 Step forward with right foot, step together with left, step forward with right foot
- 3-4 Step forward with left foot, turn $\frac{1}{2}$ right shifting weight forward to right foot
- 5&6 Step forward with left foot, step together with right, step forward with left foot
- 7-8 Step forward with right, turn $\frac{1}{2}$ left shifting weight forward to left foot

REPEAT

ENDING: At the end of the song, you will have 2 extra beats stomp right, left in place to finish