Continental

Description: 16 count, 4 wall, beginner line dance
Music: Satin Doll or any Foxtrot tempo song

SIDE RIGHT (4 COUNTS)
1 Step side right with right foot
2 Bring left foot to right foot
3 Step side right with right foot
4 Touch left foot beside right foot

SIDE LEFT (4 COUNTS)
5 Step side left with left foot
6 Bright right foot to left foot
7 Step side left with left foot
8 Touch right foot beside left foot

WALK FORWARD, ¼ TURN RIGHT (4 COUNTS)
9 Step forward with right foot
10 Step forward with left foot
11 Step forward with right foot and make a ¼ turn to the right
12 Raise left knee

WALK BACK (4 COUNTS)
13 Step back on left foot
14 Step back on right foot
15 Step back on left foot
16 Touch right foot beside left foot

REPEAT