



Achy Breaky Heart

Choreographed by Melanie Greenwood

Description: 32 count, 4 wall line dance
Music: **Achy Breaky Heart** by Billy Ray Cyrus

Start dancing on lyrics

VINE RIGHT AND HOLD, HIP BUMPS AND HOLD

- 1-4 Step right to side, cross left behind right, step right to side, hold
5-8 Bump hips left, right, left, hold (weight to left)

PADDLE TURN, BACK UP TURN

- 9-12 Touch right toe back, touch right toe forward, cross/touch right over left, Unwind $\frac{3}{4}$ left (weight to right)
13-14 Step left back, step right back
15-16 Hitch left knee turn $\frac{1}{4}$ left, step left together

BACK UP, STOMP, HIPS ROCK AND HOLD

- 17-18 Step right back, step left back
19-20 Step right back, stomp left together
21-24 Step left to side and bump hips left, right, left, hold (weight to left)

$\frac{1}{4}$ TURN, STOMP, AND $\frac{1}{2}$ TURN, VINE RIGHT

- 25-26 Turn $\frac{1}{4}$ right and step right forward, stomp left together (stamps have no weight change)
27-28 Turn $\frac{1}{2}$ left and step left forward, stomp right together
29-32 Step right to side, cross left behind right, step right to side, stomp left together (clap)

REPEAT

Option:

Substitute a vine right turning a full turn right for counts 1-4 when repeating the dance, as follows:

(The floor movement is in a straight line to the right.)

- 1 Turn $\frac{1}{4}$ right and step right forward
- 2 Turn $\frac{1}{2}$ right and step left back
- 3 Turn $\frac{1}{4}$ right and step right to side
- 4 Hold

Leaving feet apart with body weight over right foot, right leg straight, left knee slightly bent