- 1. Basic into Promenade
- 2. Men start Left Turn (2x)
- 3. Finish Left Turn into Man's Cuddle or Straight Jacket
- 4. Lady's Right Turn (inside) w/Man's Right Hand, Catch her other hand into Hammerlock
- 5. Wheel Clockwise (.5)
- 6. Wrap Lady up on Man's Right finishing wheel
- 7. Quick Quick ooh Ahh
- 8. Barrel Roll:
 - Lady turns Left 3.5 times (7 half turns) into closed
 - Man's Spiral Turn Right after Lady does the first turn
 - (Lady's turn, Both turn, Lady's turn (1.5) into closed)

Notes: