



# The Rockin' Horse Dance Barn

11820 150th Ave SE, Renton, WA 98059

## American Smooth Waltz

### Level 1a

- Basic/Box Step
- Progressive Forward
- Left Turning Box
- Simple Twinkle
- Triple Twinkle
- Two-Way Underarm Turn
- Turning Twinkles
- Reverse Turn (Left)
- Grapevine
- Promenade Chassé

### • Level 1b

- Basic/Box Step
- Progressive Forward
- Right Turning Box
- Box with Underarm Turn
- Face to Face - Back to Back
- Balance Steps: Forward, Back, Side to Side
- Balance and Box
- Balance Promenade
- Natural Turn (Right)
- Progressive Twinkles