



# The Rockin' Horse Dance Barn

11820 150th Ave SE, Renton, WA 98059

## Foxtrot

### Level 1a

- Basic
- Rock Turn to Left
- Promenade
- Promenade Underarm Turn
- Zig-Zag in Line
- Twinkle
- Promenade Twinkles
- Grapevine
- Promenade Twist
- Running Steps in Basic Rhythm

### Level 1b

- Basic
- Rock Turn to Right
- Sway Step
- Sway Underarm Turn
- Zig-Zag Outside Partner
- Twinkle
- Fallaway Twinkles
- Turning Twinkles to Outside Partner
- Promenade
- Promenade Pivot
- Box Step
- Running Steps in Box Rhythm