



Cowboy Bump

Choreographed by Dan Spedowske & Lori Cox

Description: 34 count, partner dance

Music: **She's In Love With The Boy** by Trisha Yearwood (125 bpm) **Trashy Women** by Confederate Railroad (143 bpm)
A Little In Love by Dixiana (134 bpm)

Position: Begin in skate position with both partners facing line of dance. Lead's right hand is on the follow's right hip with his left hand holding out front about chest/shoulder level.

BASE STEPS

- 1 Step back with right foot
- 2 Step back with left foot
- 3 Step back with right foot
- 4 Hitch up your left foot
- 5&6 Shuffle forward (stepping left, step right together with left, step left forward)
- 7 Step forward with right foot
- 8 Turn ¼ turn left rotating on balls of feet putting weight on left foot and clapping
- 9 Step forward with right foot
- 10 Turn ¼ turn left rotating on balls of feet putting weight on left foot and clapping
- 11 Step forward with right foot
- 12 Turn ¼ turn left rotating on balls of feet putting weight on left foot and clapping
- 13 Lead puts his hands on the follow's hips and both partners bump hips to the left
- 14 Bump hips to the left again
- 15 Bump hips to the right side
- 16 Bump hips to the right side again
- 17 Lead brings the follow's left hand to skate position as they step left turning ¼ turn to face line of dance
- 18 Cross right foot over left foot
- 19 Step left foot slightly back
- 20 Step right foot to right side
- 21 Lead bumps left hip out while follow bumps right hip out (away from each other)
- 22 Repeat count 21 (a second bump)
- 23 Lead bumps right hip in while follow bumps left hip in (bumping each other)
- 24 Repeat count 23 (a second bump together)
- 25&26 Left Polka Step (hitch left step forward left, step right together, step forward with left)
- 27&28 Right Polka Step (hitch right step forward right, step left together, step forward with right)
- 29&30 Left Polka Step (hitch left step forward left, step right together, step forward with left)
- 31&32 Right Polka Step (hitch right step forward right, step left together, step forward with right)
- 33&24 Left Polka Step (hitch left step forward left, step right together, step forward with left)

REPEAT