



16-Step

(a.k.a. Wrangler Polka or Rebel Stomp)
Choreographed by Unknown

Description: 24 count, partner dance
Music: **Dance** by Twister Alley (140 bpm) **Down In The Valley** by Little Texas (140 bpm)
Orange Blossom Special by Mark O'Connor (184 bpm)

Position: Promenade (aka Sweetheart, Shadow) Both facing line of dance; follow standing on the lead's right side; each will have heels together; lead's left hand will hold follow's left hand either: in front of left shoulder, in front of and slightly higher than waist, or in front of the follow's left shoulder; right arm behind the follow holding right hand to right hand slightly to the right of follow's right shoulder

Start dancing on lyrics

BASE STEPS

- 1 Touch right heel forward
- 2 Touch right foot over left
- 3 Touch right heel forward
- 4 Step right foot next to left
- 5 Touch left heel forward
- 6 Step left foot next to right
- 7 Touch right toe back
- 8 Step right foot next to left
- 9 Touch left heel forward
- 10 Step Left foot next to right
- 11-12 Stamp right foot twice in place (no weight change)
- 13-14 Right foot step forward, pivot 1/2 turn left on balls of feet
- 15-16 Right foot step forward, pivot 1/2 turn left on balls of feet

4 SHUFFLE STEPS (OR ANY EVEN NUMBER OF SHUFFLES)

- 1&2 Step right foot forward, step left foot to right, step right foot forward
- 3&4 Step left foot forward, step right foot to left, step left foot forward
- 5&6 Step right foot forward, step left foot to right, step right foot forward
- 7&8 Step left foot forward, step right foot to left, step left foot forward

REPEAT

Variations:

OPTION 1

During the shuffle steps the Lead holds the Follow's right hand and turns her to the right. The Follow turns using the same shuffle step footwork. Since the steps remain the same, these directions are only for other body movements:

- 1&2 Lead directs Follow's right arm slightly forward
- 3&4 Lead directs Follow's right arm backward, her arm forward, and both their upper bodies twist slightly to the right
- 5&6 Lead directs the lady into a full turn to the right using their right hands
- 7&8 Both step left foot forward, step right foot to the left, step left foot forward (regular footwork)

OPTION 2

The Follow moves from right to left in front of the Lead on the first two shuffle sets (without turning) and can do the dance on the Lead's left side as a variation. When the Follow has performed Option 2, she returns using two shuffle steps to the right and can continue the dance in normal promenade position.

OPTION #3

16-STEP W/ARCHES