



Tango With The Sheriff

Choreographed by Adrian Churm

Description: 48 count, 4 wall line dance
Music: **Cha Tango** by Dave Sheriff (110 bpm)

Start dancing on lyrics

BOX STEP

- 1-4 Step left forward, hold, step right to side, step left together
- 5-8 Step right back, hold, step left to side, step right together

LEFT SIDE DRAG, STAMP, RIGHT SIDE DRAG, STAMP

- 1-4 Step left to side, drag right toward left over 2 counts, stamp right together
- 5-8 Step right to side, drag left toward right over 2 counts, stamp left together

2 CROSS ROCK, STEPS

- 1-4 Cross left over right, recover to right, step left forward, hold
- 5-8 Cross right over left, recover to left, step right forward, hold

LEFT JAZZ BOX WITH TURN ¼ LEFT, LEFT JAZZ BOX

- 1-4 Cross left over right, step right back, turn ¼ left and step left forward, step right slightly forward
- 5-8 Cross left over right, step right back, step left to side, step right together

WEAVE RIGHT, RONDE, WEAVE LEFT, TOE POINT

- 1-4 Cross left over right, step right to side, hook left behind right, sweep right front to back
- 5-8 Hook right behind left, step left to side, cross right over left, touch left to side

LEFT & RIGHT CROSS FLICKS, ROCK, STEP, FORWARD, TOGETHER

- 1-4 Cross left over right, flick right back, cross right over left, flick left back
- 5-8 Rock left forward, recover to right, step left forward, step right together

REPEAT



Apple Jack

Choreographed by Melanie Greenwood

Description: 18 count, 4 wall line dance
Music: **Help I'm White and I Can't Get Down** by Geezinslaw Bros. (SLOW - 113 bpm)
Honky Tonk Attitude by Joe Diffie (MEDIUM)
TROUBLE by Travis Tritt (FAST)

The first 8 counts of this dance are continuous weight transfers with double time toe-heel swivels. It takes lot of practice to get up to speed so don't get discouraged! The rest of the dance is a piece of cake.

SWIVEL LEFT, CENTER (WEIGHT = LEFT HEEL-RIGHT TOES)

- 1 Swivel left toes to left-right heel to left (feet are in v position with toes pointed out)
& Swivel left toes back to center-right heel back to center (transfer weight)
As you come back to center transfer weight on the "&" count throughout these first 8 patterns

SWIVEL RIGHT, CENTER (WEIGHT = LEFT TOES-RIGHT HEEL)

- 2 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out)
& Swivel right toes back to center-left heel back to center (transfer weight)

SWIVEL LEFT, CENTER (X2) (WEIGHT = LEFT HEEL-RIGHT TOES)

- 3 Swivel left toes to left-right heel to left (feet are in v position with toes pointed out)
& Swivel left toes back to center-right heel back to center (no weight transfer)
4 Swivel left toes to left-right heel to left (feet are in v position with toes pointed out)
& Swivel left toes back to center-right heel back to center (transfer weight)

SWIVEL RIGHT, CENTER (X2) (WEIGHT = LEFT TOES-RIGHT HEEL)

- 5 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out)
& Swivel right toes back to center-left heel back to center (no weight transfer)
6 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out)
& Swivel right toes back to center-left heel back to center (transfer weight)

SWIVEL LEFT, CENTER (WEIGHT = LEFT HEEL-RIGHT TOES)

- 7 Swivel left toes to left-right heel to left (feet are in v position with toes pointed out)
& Swivel left toes back to center-right heel back to center (transfer weight)

SWIVEL RIGHT, CENTER (WEIGHT = LEFT TOES-RIGHT HEEL)

- 8 Swivel right toes to right-left heel to right (feet are in v position with toes pointed out)
& Swivel right toes back to center-left heel back to center (change weight to left only)

RIGHT HEEL FORWARD, BACK, ¼ RIGHT LEFT TOUCH

- 1-2 Right heel touch forward, right toe touch back
3-4 Right step forward into ¼ turn right; left touch side left

CROSS, TOUCH, CROSS, BACK, TOGETHER, JUMP

- 5-6 Left cross-step over right; right touch side right
7-8 Right cross-step over left; left step back
9-10 Right step next to left, jump forward with both feet (end with feet shoulder width apart)

REPEAT



Mambo Shuffle

Choreographed by J.W. Grimes

Description: 40 count, 4 wall intermediate line dance
Music: **Day Off** by Ronnie McDowell (112 bpm)

4 MAMBO STEPS

- 1&2 Step forward left, recover weight to right in place, step together left
- 3&4 Step back right, recover weight to left in place, step together right
- 5&6 Step forward left, recover weight to right in place, step together left
- 7&8 Step back right, recover weight to left in place, step together right

4 SIDE MAMBO STEPS

- 1&2 Side step left, step right in place, step together left
- 3&4 Side step right, step left in place, step together right
- 5&6 Side step left, step right in place, step together left
- 7&8 Side step right, step left in place, step together right

STEP, PIVOT 1/2 TURN RIGHT, SHUFFLE, STEP, PIVOT 1/2 TURN LEFT

- 1&2 Step forward left, 1/2 turn right
- 3&4 Step forward left, together with right, step forward left
- 5&6 Step forward right, 1/2 turn left
- 7&8 Step forward right, together with left, step forward right

DIAGONAL LEFT STEP-SLIDE 4 COUNTS, DIAGONAL RIGHT STEP-SLIDE 4 COUNTS

- 1& Step diagonally forward left, step right instep to left heel
- 2& Step diagonally forward left, step right instep to left heel
- 3& Step diagonally forward left, step right instep to left heel
- 4 Step diagonally forward left
- 5& Step diagonally forward right, step left instep to right heel
- 6& Step diagonally forward right, step left instep to right heel
- 7& Step diagonally forward right, step left instep to right heel
- 8 Step diagonally forward right

2 STEP-JAZZ BOXES

- 1-2 Step left foot forward, step right across left
- 3-4 Step back left turning 1/8 right, step right next to left
- 5-6 Step left foot forward, step right across left
- 7-8 Step back left turning 1/8 right, step right next to left

REPEAT



Cowgirls Twist

Choreographed by Bill Bader

Description: 32 count, 4 wall line dance
Music: **What The Cowgirls Do** by Vince Gill (154 bpm)
Do You Love Me by The Countours (154 bpm)
The Twist by Ronnie McDowell or Chubby Checker (164 bpm)
Cowgirl Twist by Dave Sheriff (160 bpm)

Start dancing on lyrics

4 HEEL STRUTS (DUCK WALKS)

1-2 Step right heel forward, drop right toe
3-4 Step left heel forward, drop left toe
5-6 Step right heel forward, drop right toe
7-8 Step left heel forward, drop left toe

3 STEPS BACK, TOGETHER

9-10 Step right back, step left back
11-12 Step right back, step left together

SWIVEL WALK LEFT, CLAP, SWIVEL WALK RIGHT, CLAP

13-14-15 Swivel both heels left, swivel both toes left, swivel both heels left
16 Clap
17-18-19 Swivel both heels right, swivel both toes right, swivel both heels right
20 Clap

SWIVEL LEFT, CLAP, SWIVEL RIGHT, CLAP, TWIST - DOWN, DOWN, UP, UP

21-22 Swivel both heels left, clap
23-24 Swivel both heels right, clap
25-26 Swivel both heels left, swivel both heels right
27-28 Swivel both heels left, swivel both heels center

STEP, HOLD, TURN ¼, HOLD

29-30 Step right forward, hold
Lean right shoulder forward
31-32 Turn ¼ left (weight to left), hold
Lean shoulders to left



Country Boy

Description: 32 count, 4 wall, beginner line dance

Music: **Have Mercy** by The Judds (168 bpm)

Green River by Alabama

John Deere Green by Joe Diffie (132 bpm)

Country As A Boy Can Be by Brady Seals (130 bpm)

Start dancing on lyrics

RIGHT & LEFT HEEL TAPS

- 1-2 Right heel forward, touch together
- 3-4 Right heel forward, step together
- 5-6 Left heel forward, touch together
- 7-8 Left heel forward, step together

RIGHT HEEL TWICE, TOE TWICE, HEEL, TOE, HEEL, TOE

- 9-10 Tap right heel forward twice
- 11-12 Tap right toes back twice
- 13 Tap right heel forward once
- 14 Tap right toe back once
- 15 Tap right heel forward once
- 16 Tap right toe back once

FORWARD STRUTS

- 17-18 Step right heel forward, drop toes
- 19-20 Step left heel forward, drop toes
- 21-22 Step right heel forward, drop toes
- 23-24 Step left heel forward, drop toes

JAZZ BOX WITH ¼ TURN, JAZZ BOX

- 25-26 Cross right over left, step back on left
- 27-28 Step on right turning ¼ turn right, step left together
- 29-30 Cross right over left, step on left
- 31-32 Step to right on right, step left together

REPEAT