



Regresa

Choreographed by Ruben Luna

Description: 32 count, 4 wall, intermediate cha-cha line dance
Music: **Regresa** by Calo

Dance begins after 48 counts on the vocals

STEP, CROSS ROCK, TRIPLE STEP, HINGE ½ TURN RIGHT, STEP, TRIPLE STEP SIDE LEFT

- 1-3 Step side left, cross rock right over left, recover onto left
- 4&5 Step right to right side, step left next to right, step right to right side
- 6-7 Hinge ½ turn to right stepping left to left side (6:00), step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side

BACK STEP, ¼ TURN LEFT LOCK STEP, ½ TURN LEFT, ¼ TURN LEFT, CHASSE

- 2-3 Rock right foot back, recover forward onto left
- 4&5 ¼ turn left step right back (3:00), cross left back over right, step right foot back
(when doing 4&5 do a slight arc, looking left and beginning to turn over left shoulder)
- 6-7 ½ turn left step left forward (9:00), ¼ turn left step right to right side (6:00)
(Note: Counts 4&5,6,7 travel towards 9:00 wall in a smooth curve)
- 8&1 Cross left in front of right, step right to right side, cross left over right

BOX WITH LOCK STEPS

- 2-3 Step right to right side, step left next to right
- 4&5 Step right back, lock step left over right, step right back
- 6-7 Step left to left side, step right next to left
- 8&1 Step forward with left, lock step right behind left, step left forward (left toe out to prep for left turn)

½ TURN LEFT, ½ TURN LEFT, ¼ TURN LEFT SIDE-BALL-CROSS, 2 STEPS, TRIPLE STEP SIDE LEFT

- 2-3 ½ turn left step right foot back (12:00), ½ turn left step left forward (6:00)
- 4&5 ¼ Turn left step right to right side (3:00), recover onto left, cross right over left
- 6-7 Step left to left side, step right next to left
- 8&1 Step left to left side, step right next to left, step left to left side (first step of new wall)

REPEAT



Triples

Choreographed by Sandy Jones

Description: 72 count, 2 wall intermediate / advanced line dance
Music: **Neon Moon** by Brooks & Dunn (108 bpm), **Hot Hot Hot** by Arrow & others

ROCK STEP, ½ TURN SHUFFLES (THREE TIMES), STEP, TURN, SHUFFLE

- 1-2 Rock left forward, recover to right
- 3&4 Triple in place turning ½ left stepping left, right, left
- 5-6 Rock right forward, recover to left
- 7&8 Triple in place turning ½ right stepping right, left, right
- 9-10 Rock left forward, recover to right
- 11&12 Triple in place turning ½ left stepping left, right, left
- 13-14 Step forward right, turn ½ left shift weight to left
- 15&16 Step right forward, step left together, step right together

CROSS ROCK, TRIPLE (THREE TIMES)

- 17-18 Cross/rock left over right, recover to right
- 19&20 Triple in place left, right, left
- 21-22 Cross/rock right over left, recover to left
- 23&24 Triple in place right, left, right
- 25-26 Cross/rock left over right, recover to right
- 27&28 Triple in place left, right, left

TRIPLE TURNS (FLIP FLOPS or BASKETBALL TURNS) (TWO TIMES)

- 29&30 Triple in place turning ½ right stepping right, left, right
- 31&32 Triple in place turning ½ left stepping left, right, left
- 33-34 Cross/rock right over left, recover to left
- 35&36 Triple in place right, left, right
- 37&38 Triple in place turning ½ left stepping left, right, left
- 39&40 Triple in place turning ½ right stepping right, left, right
- 41-42 Cross/rock left over right, recover to right
- 43&44 Triple in place left, right, left

BACK ROCK, TRIPLE, BACK ROCK

- 45-46 Cross/rock right behind left, recover to left
- 47&48 Triple in place right, left, right
- 49-50 Cross/rock left back, recover to right

2 SHUFFLES FORWARD, BOX TURN (TWO TIMES)

- 51&52 Triple forward left, right, left
- 53&54 Triple forward right, left, right
- 55-58 Step left forward, side right, back left Turn ¼ left, turn ¼ left step side right
- 59&60 Triple forward left, right, left
- 61&62 Triple forward right, left, right
- 63-66 Step left forward, side right, back left Turn ¼ left, turn ¼ left step side right

SHUFFLE FORWARD, STEP, TURN, SHUFFLE

- 67&68 Triple forward left, right, left
- 69-70 Touch right toe forward, turn ½ left
- 71&72 Triple in place right, left, right

REPEAT



Coconut Cream

Choreographed by Debbie Wilson Masterson

Description: 32 count, 4 wall line dance
Music: **Coconut** by Smile

Start dancing on lyrics

HIP BUMP, CHASSE (TWICE)

- 1-2 Rock side left, recover onto right foot
- 3&4 Cross left over right, small step right with right foot, cross left over right
- 5-6 Step right to right, rock onto left,
- 7&8 Cross right over left, small step left with left foot, cross right over left

STOMP, HOLD, 1/4 TURN RIGHT, HOLD, 1/4 TURN LEFT, 1/4 TURN LEFT, COASTER STEP

- 1-4 Stomp left to left, hold, (on balls of both feet) 1/4 turn right, hold
- 5-6 (on balls of both feet) 1/4 turn left, 1/4 turn left
- 7&8 Back left, together right, forward left

PIVOT 1/2 TURN, FORWARD, FULL SPIRAL TURN, FORWARD, CLOSE, KICKBALL CHANGE

- 1-4 Step forward right, pivot 1/2 turn left, forward right, hook left while making a full turn left
- 5-6-7&8 Forward left, together right, kick forward left, step ball of left next to right, step right in place

CROSS UNWIND TWICE, 2 SAILOR STEPS

- 1-4 Cross left over right, unwind 1/2 turn right step on left, cross right over left, unwind 1/2 turn left on right
- 5&6 Step left behind right, step right to side, step left in place
- 7&8 Step right behind left, step left to side, step right in place

REPEAT



Beer For My Horses

Choreographed by Christine Bass

Description: 40 count, 4 wall line dance
Music: **Beer For My Horses** by Toby Keith
If You're Gonna Straighten Up by Travis Tritt
Who's Your Daddy? By Toby Keith

Start dancing on lyrics

RIGHT HEEL GRIND, RIGHT COASTER STEP, TURN ¼ LEFT HEEL GRIND, LEFT COASTER STEP

1-2 Step right heel forward, step left slightly to side

3&4 Step right back, step left together, step right forward

5-6 Step left heel forward, step right slightly to side

This has been verified by the choreographer. It is a left turn ¼, and may be done as part of the left heel grind

7&8 Turn ¼ left and step left back, step right together, step left forward

SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, STEP BACK, TOUCH

1&2 Shuffle forward right, left, right

3-4 Rock left forward, recover to right

5&6 Shuffle back left, right, left

7-8 Step right back, cross/touch left toe over right

STEP, TOUCH, CROSS, TOUCH, CROSS, STEP BACK, TURN ¼, TOUCH

1-2 Step left forward, touch right toe to side

3-4 Cross right over left, touch left toe to side

5-6 Cross left over right, step right back

7-8 Turn ¼ left and step left forward, touch right together

SIDE SHUFFLE RIGHT, BACK ROCK, SIDE SHUFFLE LEFT, BACK ROCK

1&2 Step right to side, step left together, step right to side

3-4 Rock left back, recover to right

5&6 Step left to side, step right together, step left to side

7-8 Rock right back, recover to left

GRAPEVINE TURN ¼, STEP ½, TURN ¼, BEHIND, TURN ¼

1-2 Step right to side, cross left behind right

3-4 Turn ¼ right and step right forward, step left forward

5-6 Turn ½ right (weight to right), turn ¼ right and step left to side

7-8 Cross right behind left, turn ¼ left and step left forward

REPEAT



OOO! AAH!

Choreographed by Sal Gonzalez

Description: 48 count, 2 wall, intermediate line dance
Music: **Cat Walk** by Lee Roy Parnell (114 bpm)
Love Potion #9 by Hansel Martinez (132 bpm)
Ooh-Aah (Just A Little Bit) by Gina G (131 bpm)

FORWARD SHUFFLES (NOTE: FIRST FIVE WALLS ONLY)

- 1&2 Shuffle forward (right, left, right)
 - 3&4 Shuffle forward (left, right, left)
 - 5&6 Shuffle forward (right, left, right)
 - 7&8 Shuffle forward (left, right, left)
- (Shimmy shoulders while shuffling forward)

TURNING JAZZ BOXES (NOTE: FIRST FIVE WALLS ONLY)

- 1-2 Cross right foot over left and step, step back on left foot
- 3-4 Step right foot slightly to the side making a ¼ turn right with the step, scuff left foot forward
- 5-6 Cross left foot over right, step back on right foot
- 7-8 Step left foot slightly to the side making ¼ turn left with the step, touch right next to left

SIDE TRIPLES RIGHT WITH ½ TURNS, KICK-BALL CHANGE

- 1&2 Side step-together-step (right, left, right)
- 3&4 Step with ½ turn to the right, together-step (left, right, left)
- 5&6 Step with ½ turn to the left, together-step (right, left, right)
- 7&8 Kick left foot forward, step on ball of left foot next to right, step right foot next to left

SIDE TRIPLES LEFT WITH ½ TURNS, KICK-BALL CHANGE

- 1&2 Side step-together-step (left, right, left)
- 3&4 Step with ½ turn to the left, together-step (right, left, right)
- 5&6 Step with ½ turn to the right, together-step (left, right, left)
- 7&8 Kick right foot forward, step on ball of right foot next to left, step left foot next to right

ROCKING HORSE, (2) ¼ PIVOTS LEFT w/HIP SWAYS

- 1-2 Rock forward on right foot, rock back on left foot
- 3-4 Rock back on right foot, rock forward on left foot
- 5 Step forward on right foot while swaying hips to the right and pivot ¼ turn to the left
- 6 Step on left foot sway hips to the left
- 7 Step forward on right foot while swaying hips to the right and pivot ¼ turn to the left
- 8 Shift weight forward to left foot

FORWARD WALKS, STOMP, BODY ROLL DOWN

- 1-5 Walk forward (right, left, right, left), stomp right foot down forward
- 6-8 Body roll down (with a little attitude), lift right foot on count 8

REPEAT



Cathy's Waltz

Choreographed by Peter Metelnick

Music: **Husbands & Wives** by Brooks & Dunn
48 Counts, 2 Walls, Intermediate Level

LEFT BALANCE FORWARD, 1 1/2 TURN RIGHT

- 1-3 Step L foot forward, step R foot together, step L foot in place
- 4 Turn 1/2 right and step R foot forward
- 5 Pivot 1/2 right on R foot and step L foot back
- 6 Pivot 1/2 right on L foot and step R foot forward

LEFT BALANCE FORWARD, 1 1/4 TURN RIGHT

- 1-3 Step L foot forward, step R foot together, step L foot in place
- 4-5 Turn 1/2 right and step R foot forward, pivot 1/2 right on R foot and step L foot back
- 6 Pivot 1/4 right on L foot and step R foot to right side (now facing left side wall)

LEFT OVER RIGHT, RIGHT TO RIGHT SIDE, SWIVEL HEELS RIGHT, RIGHT OVER LEFT, LEFT TO LEFT SIDE, RIGHT BEHIND LEFT

- 1-2 Cross step L foot over R foot (body is angled right), step R foot to right side
- 3 Swivel both heels to the right (body is angled left, weight ends on L foot)
- 4-6 Cross step R foot over L foot, step L foot to left side, cross step R foot behind L foot

1/4 LEFT & STEP LEFT FORWARD, RIGHT FORWARD & 1/2 LEFT, LEFT FORWARD, RIGHT BALANCE FORWARD

- 1 Turn 1/4 left and step L foot forward
- 2 Step R foot forward & pivot 1/2 left, lifting L foot slightly off the floor
- 3 Step left foot slightly forward
- 4-6 Step R foot forward, step L foot together, step R foot in place (end facing front wall)

TWINKLE, RIGHT CROSS & RECOVER, 1/2 RIGHT & RIGHT FORWARD

- 1-3 Cross step L foot over R foot (body is angled right), step R foot together, step L foot in place
- 4 Cross step R foot over L foot (body is angled left) and rock forward
- 5 Recover weight on L foot and step L foot back
- 6 Turn 1/2 right and step R foot forward (now facing back wall)

2 TWINKLES

- 1-3 Cross step L foot over R foot (body is angled right), step R foot together, step L foot in place
- 4-6 Cross step R foot over L foot (body is angled left), step L foot together, step R foot in place

WEAVE RIGHT, RIGHT SIDE ROCK & RECOVER, RIGHT OVER LEFT

- 1-3 Cross step L foot over R foot (Angle body right), step R foot to right side, cross step L foot behind R foot
- 4-6 Step R foot to right side and rock, recover weight on L foot, cross step R foot over L foot (Angle body left)

VINE LEFT 3, RIGHT OVER LEFT, LEFT SIDE ROCK & RECOVER

- 1-3 Step L foot to left side, cross step R foot behind L foot, step L foot to left side
- 4-6 Cross step R foot over L foot, step L foot to left side and rock, recover weight on R foot turning body back to center (end facing back wall)

REPEAT